

SALT LAKE CITY



Salt Lake City, the capital of Utah, is also the world headquarters of the Church of Jesus Christ of Latter-day Saints (Mormons). This destination is an important stop for anyone interested in understanding this major modern religion. The city is also well known for its 2002 Winter Olympics and its surrounding mountains.

CHURCH HISTORY MUSEUM

WHAT TO DO

TEMPLE SQUARE★★

Temple Square is a huge green space right in the centre of downtown Salt Lake City. It is the sacred heart of Mormonism. Don't miss the Tabernacle with its silver dome and the magnificent **Assembly Hall**. Latter Day Saints (Mormon missionaries) from around the world are on hand to conduct free guided tours and talk about their faith, in many languages. The famous Mormon Tabernacle Choir gives free concerts every Sunday morning. These concerts are held in the Conference Centre on Temple Square in summer (late May to early September) or in the Tabernacle in winter (September to late May).

50, WEST NORTH TEMPLE STREET
SALT LAKE CITY
801-240-8945
WWW.TEMPLESQUARE.COM

CHURCH HISTORY MUSEUM★★

If you want to learn more about the origins and evolution of Mormonism and its place in our modern world, the **Church History Museum** op-

erated by the **Church of Jesus Christ of Latter-Day Saints** at **Temple Square** is a must-see. Don't miss the exhibit that tells the story of this religious movement. from the "First Vision" in Manchester, New

York to the "Mormon Exodus" to the West. Admission is free!
50, WEST NORTH TEMPLE STREET
SALT LAKE CITY
801-240-3310
HISTORY.CHURCHOFJESUSCHRIST.ORG/LANDING/MUSEUM



AERIAL VIEW OF SALT LAKE CITY

© iStock Photo, ferrantraite



TEMPLE SQUARE

© iStock-92398190, mdlisz

"THIS IS THE PLACE" HERITAGE PARK ★

When the first pioneers arrived in the Great Salt Lake Valley during the Mormon exodus to the West in 1847, their leader famously declared: "This is the place!" . This park houses several historical buildings from the early settlement, and characters in period costume perform traditional activities.

2601, EAST SUNNYSIDE AVENUE,
SALT LAKE CITY
801-582-1847

WWW.THISISTHEPLACE.ORG

UTAH STATE CAPITOL ★

Not far from Temple Square you will find the Utah State Capitol

Building, whose architecture was strongly inspired by that of Washington.

350, NORTH STATE STREET
SALT LAKE CITY
801-538-1800

WWW.UTAHSTATECAPITOL.UTAH.GOV

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UTAH STATE CAPITOL BY NIGHT



OLD HOTEL OF HERITAGE PARK

© iStock-900306578, Markplimages

NEARBY

ANTELOPE ISLAND STATE PARK ★

This wildlife refuge is located on an island about 65 km north of Salt Lake City. As the name indicates, it is home to a large herd of **pronghorn antelope**, which were reintroduced to the island in 1993. Many other wild animals inhabit the park: **mule deer, bobcats, coyotes, many species of birds, and American bison**. In addition

to wildlife watching, many activities can be enjoyed on the island such as hiking, cycling, horseback riding, swimming in the lake's salty waters (several times more salty than the ocean), and a visit to the **Historic Fielding Garr Ranch**.
4528, WEST 1700 SOUTH, SYRACUSE
801-725-9263
STATEPARKS.UTAH.GOV/PARKS/ANTELOPE-ISLAND



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© iStock-177899718_krblohin

FESTIVALS

Living Traditions Festival

Dates : mid-May

Three days of festivities celebrating the city's different cultural communities.

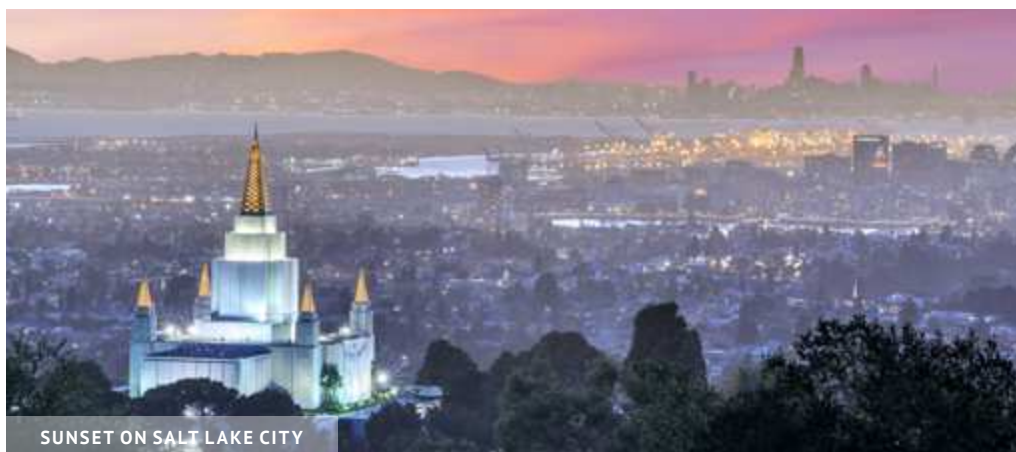
saltlakearts.org/livingtraditions/presents/

Utah Arts Festival

Dates : mid-June

Large outdoor multidisciplinary arts festival in the streets of downtown Salt Lake City.

www.uaf.org



© iStock-918015130_yhelfman



SALT LAKE CITY SURROUNDED WITH MOUNTAINS

WHERE TO EAT

1 RED IGUANA (\$\$)

Inside the Red Iguana, you can't help but notice the many signed celebrity photos adorning the walls: a testament to the love people feel for this restaurant! Try one of their signature Mole dishes. They have a good selection of Mexican favourites such as Burritos, Tacos, Fajitas, Tostadas, Enchiladas, and much more!

736, WEST NORTH TEMPLE
SALT LAKE CITY
801-322-1489
WWW.REDIGUANA.COM

2 RED ROCK BREWING (\$\$-\$\$\$)

This friendly brewpub is the perfect spot for beer lovers, and

there is also a wide choice of à la carte dishes to accompany the beer! It serves simple but good quality local American cuisine. The menu offers, among others, a selection of pizzas, sandwiches, hamburgers, pasta, soups and salads. Relaxed and pleasant atmosphere!

254, SOUTH 200 WEST,
SALT LAKE CITY
801-521-7446
WWW.REDROCKBREWING.COM

3 PAGO (\$\$-\$\$\$)

Pago is a "Farm to Table" restaurant that serves quality and organic products from local farms and local artisans. The menu changes with the seasons, and may include dishes such as

kale Caesar salad, burgers, pork chops, bavette steak, and much more.

878, SOUTH 900 EAST,
SALT LAKE CITY
801-532-0777
WWW.PAGOSLC.COM

4 CAPUTO'S MARKET ET DELI (\$\$-\$\$\$)

A great place to eat good Italian fare on the go and pick up a few items at the market. Serves up delicious sandwiches, salads, soups and hot daily specials. The food is good quality. You will also find, among others, fresh deli meats and high-end cheeses. It is the perfect spot for lunch or to buy European food products or takeout.

314, WEST BROADWAY,
SALT LAKE CITY
801-531-8669
WWW.CAPUTOS.COM

5 BOMBAY HOUSE (\$\$-\$\$\$)

Discover the best of Indian cuisine at affordable prices at this popular family restaurant. The dishes are delicious, generous, and spiced according to your taste, and the service is friendly and courteous. You will soon understand why the place is so busy!

2731, EAST PARLEYS WAY,
SALT LAKE CITY / 801-582-0222
BOMBAYHOUSE.COM



Microbrewery

\$ Inexpensive \$\$ Moderate \$\$\$ Upscale \$\$\$\$ Fine dining

